CAJUN SHRIMP BOIL



BY: CAJUN KEN CAJUN IN THE CITY

Serves: 10-12 Cooking Time: 45 minutes

INGREDIENTS:

3 cups of crab boil

3 capfuls of distilled vinegar

3 tbsp of Cayenne pepper

½ bottle Crab "N" Shrimp Boil oil

34 large onions (peeled and quartered)

5 Bay Leaves

4 lemons cut in half

6 - 7 Jalapeno peppers cut in half

6 – 10 whole ears of corn cut in half to make 12-24 pieces

4 lbs Kielbasa or Cajun sausage cut into 2 inch pieces

3 lbs not frozen shrimp with HEAD ON

4 whole heads of garlic, unpeeled with top sliced off

18 – 24 small red potatoes

34-quart pot strainer basket that goes almost to the top of the pot



DIRECTIONS:

- 1. Using a large pot, 34-quart size pot. Note: If you have a basket strainer, use in the pot; if not, you may use a hand strainer after cooking.
- 2. Begin by filling the pot with water about 2/3 of the way cover the pot and bring to a boil. Once the water is at a boil, you will maintain the pot at a boil for the whole cooking process and add the following ingredients step by step, ending with the shrimp.
- 3. Start with the garlic, bay leaves, and crab boil spice. Boil for 15 minutes.
- 4. Add the potatoes and cook for 7 8 minutes.
- 5. Add the corn pieces and cook for 5 minutes.
- 6. Add the sausage keep cooking for 8 minutes.
- 7. When the sausage has cooked, you will finish up with the Jalapeno peppers, cayenne pepper, and onions. Make sure that you squeeze the lemons into the pot
- 8. Put the lemons in after squeezing them and cook for another 3 4 minutes. **IMPORTANT: NEXT PUT THE SHRIMP IN THE POT, COVER, cooking for about 3 minutes or just until the shrimp turns pink. Do not overcook.**
- 9. Once the Shrimp have cooked, **TURN OFF THE HEAT** and lift basket out of pot, or use your hand strainer.
- 10. Allow draining and immediately serve on some napkins or newspaper laid out on the table. If you don't want to eat the shrimp right away, pour a bag of ice into the pot and let sit 15 minutes, drain, and then lay out onto the table.

Serve with CITC Remoulade Sauce for dipping the shrimp.

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